

**A Lockdown Project: What's for Breakfast, Lunch or Dinner?**

I'm not sure about everyone else, but lockdown has made my family become even more obsessed with food, so this project is a challenge to you out there to show us what you're serving up at mealtimes.

This project can be done in any medium of your choice – remember that even the humble biro pen or pencil can achieve stunning results! Don't feel that you need to paint an elaborate plate either (unless you want to of course)! You could also produce a piece showing separate ingredients going in to creating your meal!

Take a look at some of the images below to inspire you and see how other artists have taken a something as simple as an avocado and turned it into a work of art!



Copyrighted images, Wayne Thiebaud

Thiebaud, an American painter, produced many paintings of cakes, ice creams and desserts. Pastel tones are a characteristic of his work and the use of cold colours as a background to contrast with the sugary reds, pinks, yellows and oranges of the main subject. Unnecessary detail is eliminated. His brushstrokes are loose and although comparisons can be made to the likes of Andy Warhol, he does not paint with hard edges or a mechanical final feel. The above images are oil on canvas but acrylic or even oil pastel would work just as well!



Copyrighted images, Andy Warhol

Andy Warhol probably doesn't need an introduction! Famous for exploring popular culture in his work, subjects such as Coca Cola, Campbell's soup cans (apparently he ate Campbell's tomato soup for lunch for twenty years) and bananas were given the pop art twist. Just a suggestion, perhaps create your own Warhol inspired lunch using a line and wash technique or a collage approach.



Copyrighted images, Felicity House

Felicity House is a Dorset based artist. Her paintings and drawings are stunning and capture the everyday in a lively and fresh way. Although she paints in a number of mediums, the above images are pastel pieces.



Copyrighted image, [www.instagram.com/p/BEKdYkajr5u/](https://www.instagram.com/p/BEKdYkajr5u/) Copyrighted image, Patricia Awapara

Take a look above left. For any budding photographers out there who also like to present their food beautifully, why not go down this route? This is a work of art on its own!

Above right is Patricia Awapara's painting entitled 'Crazy Avocado'. Your own painting inspired by this created in acrylic or oil pastel could create some vibrant results.



Copyrighted image



Copyrighted image, Behance- Nanccc Lee

If you don't have any fancy equipment at home, take a look at the image above left. A fountain pen (although fine liners or biros could be used) has rendered this beautiful image. Note the use of different marks and lines to describe different aspects of the subject matter.

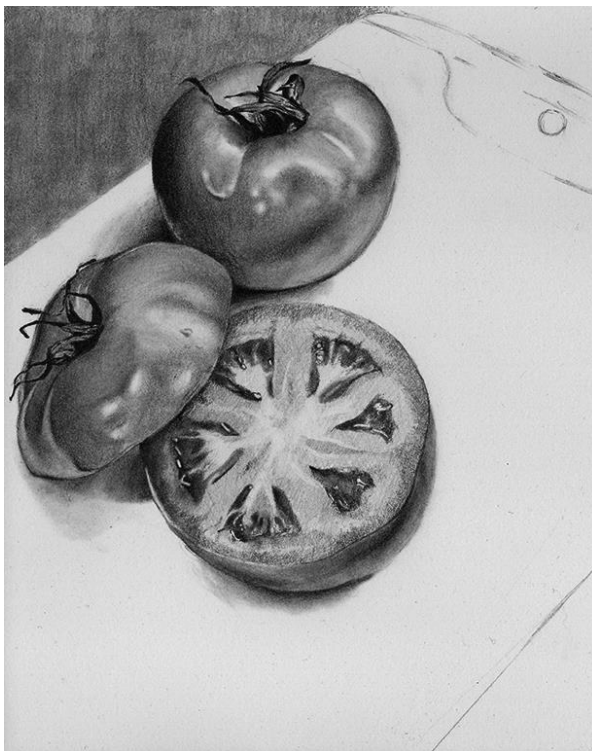
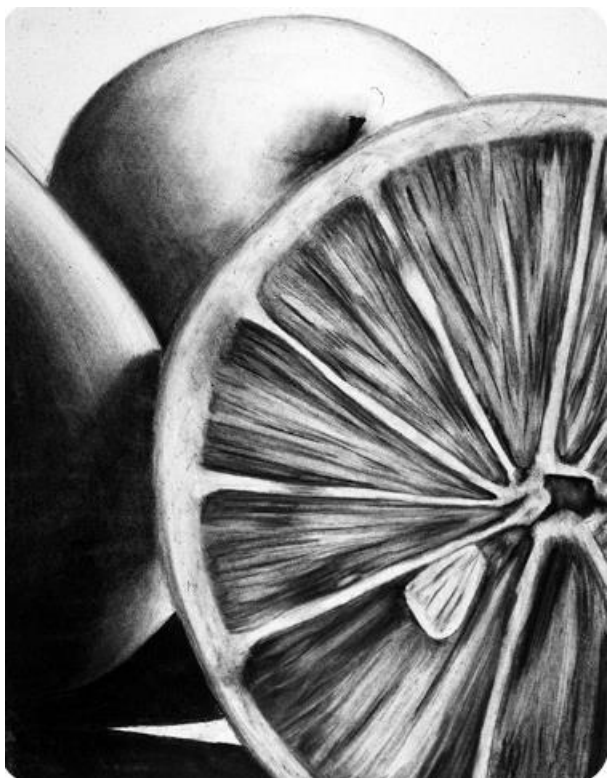
Above right is a line and wash technique – ink/a pen has been used to give an outline to the subject matters, and watercolour then used to paint in tone and colour.



Copyrighted Images



Watercolour has been used to create the two images above. Both are beautiful in their own way; one is expressive and great fun could be had with masking and splatter techniques, whilst the other is a more technical, botanical study. Don't have watercolours? Try watercolour pencils or even coloured pencils.



Copyrighted Images

And finally, take a look above at the beautiful images above which just go to show that a simple medium such as charcoal or graphite, and a simple subject matter such as an orange or tomato, can be transformed.

Happy drawing and painting – we can't wait to see the results!